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Fatty Liver Cookbook Diet Guide: 85 Most Powerful Recipes to Avert Fatty Liver Lose Weight Fast

By Monika Shah

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.85 Simple and Most Powerful Homemade Recipes to Avert Fatty Liver and Lose Weight Fast This book has been specifically designed and written for people who have been diagnosed with a fatty liver condition and seriously strive to avert it quickly with the help of a simple and effective homemade diet. This book has been divided into two logical sections: A Fatty Liver Cookbook: The cookbook has 85 simple and most powerful homemade recipes that will avert your fatty liver with ease and help you lose weight rapidly. The recipes in the book have been designed using very simple ingredients that people use in their kitchen every day. These recipes are further categorized into Breakfast, Lunch, Dinner, Snacks, Salads, Drinks and Smoothies. A Fatty Liver Diet Guide: This part educates you on the various types of fatty liver conditions and the right type of diets to cure them. It covers conditions like Alcoholic Liver Disease (ALD), Non-Alcoholic Fatty Liver Disease (NAFLD), Acute Viral Hepatitis, Chronic Viral Hepatitis, Autoimmune Hepatitis, Haemochromatosis, Wilson's Disease, Gilbert's...



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