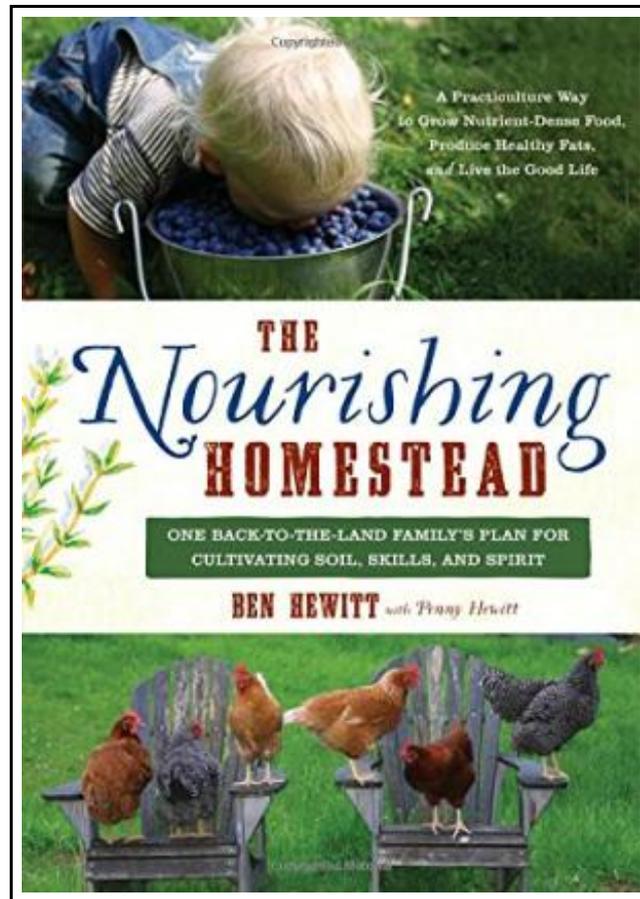


## The Nourishing Homestead: One Back-to-the Land Family's Plan for Cultivating Soil, Skills, and Spirit



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