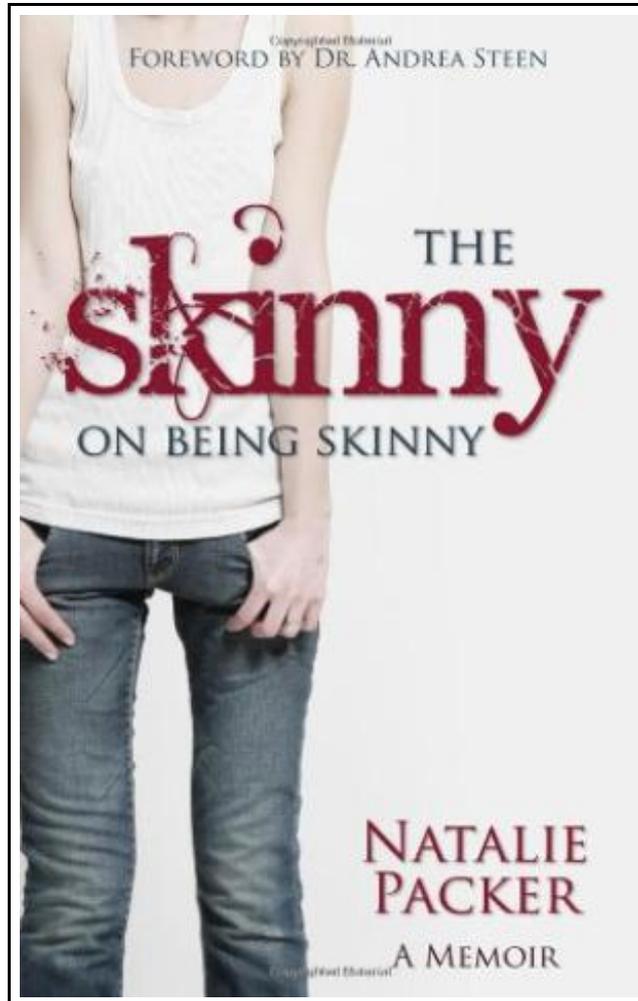


The Skinny on Being Skinny



Filesize: 9.1 MB

Reviews

It is one of the most popular publications. It is actually written in easy words instead of confusing. You will like how the author created this book.

(Art Gislason)

THE SKINNY ON BEING SKINNY



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Word Alive Press, United States, 2012. Paperback. Book Condition: New. 201 x 124 mm. Language: English . Brand New Book ***** Print on Demand *****.This is a memoir, a journey through a young girl's life, from infancy to maturity, from sickness to health, from darkness to light, from fear to freedom. in Christ. It illuminates the struggles our youth face and how a lack of true relationship with God contributes to the destruction of one's body image and self-esteem. As the author nears death, she comes face-to-face with a loving, forgiving, gracious God and hope springs anew. Miracles abound and a life spent in worship ensues. The story is realistic and relevant, demonstrating that having faith doesn't eliminate obstacles. However, faith provides the tools necessary to meet these challenges and overcome them. Literature on eating disorders is scarce, particularly in Canada, and practically unheard of from a Christian perspective. Originally written to inspire families of those struggling with eating disorders, its audience encompasses anyone from those fighting body image issues or addiction to those seeking a fresh perspective on faith. This truly is the skinny on being skinny, a plea for God to help each of His creations appreciate their uniqueness. About the Author: Natalie has degrees in pharmacy and nutrition consulting and has worked as a pharmacist for ten years. Her true passion lies in helping others attain positive mental health and she uses her experience as a recovering anorexic as encouragement and support. She has written this memoir as a means of increasing awareness of eating disorders as a true mental illness, as a source of hope for loved ones of those who are struggling, and as a way to raise money for local eating disorder programs. When not engaged in advocacy, Natalie enjoys spending...



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